

Catering Menu Selection Package

Chef Steven J. Wells Stamford, Connecticut

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# Southern Hospitality up here in the North Fine quality food for all occasions

#### Tisha's Southern Style Cuisine Guidelines

Menu selections may be mixed or matched depending on the client's preference. If an entrée selection is dropped or added to the client's menu selection, Tisha's Southern Style Cuisine must be notified at least five days in advance.

#### Limited buffet selections:

- > Two meats or fish
- > Two side dishes
- > One vegetable
- > One salad
- > One bread
- > One dessert
- ➤ One beverage (Tisha's Southern Style Cuisine does not provide alcohol)
- Any additional items from the menu selection will be an additional \$25 per person.

All hot menu prices and theme menu selections range from \$35 to \$55 per person. (ALL Prices are subject to change depending on the type of event). Ask Caterer about Breakfast and Kid Menu prices.

\$35.00	\$45.00	\$55.00
<i>50</i> <b>–</b> <i>99</i>	100 – 199	200+

Display platters are priced separately from the buffet selections. There is a choice of two display platters. See platter selections per prices.

Hot and cold hors d'oeuvres are included in menu selections per buffets and plated functions. There is a choice of four hors d'oeuvres.

Per hors d'oeuvres party's only, a per person price is given. See hors d'oeuvres section.

Action stations are an additional \$100 per station. A uniformed chef attendant will serve to order.

Plated menu package selection prices may range higher than buffet menu prices due to the quality and cost of the plated items.

Wait-staff is charged at a rate of \$15 to \$20 per hour.

If Tisha's Southern Style Cuisine is chosen, samples of the client's choices can be made available for tasting. There will be additional kitchen fee of \$150.00 per day as well as a 6 percent sales tax. Client is responsible for kitchen fee and any other items rented. Prices subject to change annually.

Thank you for choosing Tisha's Southern Style Cuisine.

#### \*\*\*\*WARNING\*\*\*\*

# CONSUMING UNDERCOOKED EGGS, BEEF, AND/OR POULTRY MAY INCREASE YOUR RISK OF FOOD BOURNE ILLNESS.

# PLEASE ASK THE CATERER IF THERE'S ANY DAIRY, EGG, SOY, WHEAT, PEANUT, AND TREE NUT IF YOU HAVE ANY TYPE OF ALLERGY TO ANY OF THESE ITEMS

# Breakfast and Brunch Menu Selections Fresh Start

Freshly Baked Assorted Muffins
Assorted Pastries
Croissants
Assorted Bagels
Cream Cheeses and Butter
Assorted Yogurts
Smoked Salmon

## Baked Eggs

Quiche Lorraine (Bacon, Onions, Swiss Cheese)

Mushroom And Spinach With Aged Cheddar Quiche

Ham And Swiss Quiche

Tomato, Italian Sausage, Onion Frittata

Potato, Spinach, Bacon, Aged Cheddar Frittata

Vegetable Frittata (Asparugus, Mushroom, Onion, Red peppers)

## Classic Breakfast Items

Scrambled Eggs (Whole Eggs, Egg Beaters, Egg Whites)
Crispy Bacon (Pork Or Turkey)
Sausage Links Or Patties (Pork Or Turkey)
Potato Hash Browns
Corned Beef Hash
Skillet Potatoes
Southern Style Grits With Gravy
Buttermilk Biscuits

## Hot Off The Griddle

Pancakes
French Toast
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#### Belguim Waffles

Omelette Station Is Also Available. Assorted Juices And Sliced Breads Are Also Available.

#### Northern Soul Catering

## Children's Menu Ages 12 And Under

#### <u>Starters</u>

Caesar Salad With Dressing
Tossed Salad With Dressing
Celery And Carrot Sticks
(Chicken Can Be Added To Salads)

## **Vegetables**

Peas And Carrots Green Beans Corn (On Or Off The Cobb)

#### **Entrees**

Penne Pasta (With Butter Or Marinara Sauce)

Spaghetti And Meatballs

Fish And Chips

Cheese Pizza

Burgers/Cheeseburgers

Hotdogs

Grill Cheese

Baked Ziti

Mac And Cheese

Chicken Tenders And French Fries

Quesadilla (Chicken Or Just Cheese)

Desserts And Beverages Will Be Discussed Upon Selecting Menu Items.

#### Hot Menu Selection

Herb Roasted Chicken

Chicken Francese

Grilled Chicken

Stuffed Chicken Breast

Teriyaki Chicken

Chicken Marsala

Curry Chicken

Jerk Chicken

Fried Chicken

Chicken and Dumplings

Chicken Cacciatore

Buffalo Wings

Barbecue Spare Ribs

Sausage and Peppers

Smothered Pork Chops

Fried Pork Chops

Stewed Pork

Shepherd's Pie w/Sweet Potato Topping

Stewed Turkey Wings

Turkey Gumbo

Baked Ziti

Baked Lasagna

Pepper Steak

Stewed Beef

Salmon Roulade

Jambalaya

Fried Fish (snapper, catfish, tilapia, whiting)

Stuffed Filet of Sole

Stuffed Lobster – Market price\*

## Side Dishes per Hot Menu Selections

Mashed Potatoes Roasted Red Potatoes Scallop Potatoes Candied Yams Baked Sweet Potatoes Yellow Rice Red Beans and Rice Rice Pilaf Creamed Spinach Macaroni and Cheese Tuna Casserole String Beans Vegetable Medley Coleslaw Cornbread Fried Plantains Zucchini and Carrots (Or any side dish requested)

## Cold Menu Selection

Tossed Caesar Salad House Salad Pasta Salad Antipasto Salad Seafood Salad Chicken Salad Ham and Pasta Salad Broccoli and Tortellini Salad Caribbean Crabmeat Salad Faralle with Asparagus Salad Greek Orzo Salad Vegetable Pasta Salad Potato Salad Egg Salad Fresh Fruit Salad Sweet Potato Salad w/Apples and Bacon Macaroni Salad Tuna Salad Three Bean Salad Cucumber and Tomato Salad

#### <u> Desserts</u>

Peach Cobbler
Apple Cobbler
Bread Pudding and Kentucky Bourbon Sauce
Carrot Cake
Pineapple Upside down Cake
Cheesecake
Chocolate Covered Strawberries
Chocolate Covered Cherries
Viennese Table
Banana Pudding
Pound Cake
(Or any dessert requested)

## **Platters**

## Assorted Cheese and Cracker Display

served with assorted crackers \$2 per person

#### Seasonal Fresh Fruit Assortment

served with yogurt dip \$3.50 per person

## Chilled Shrimp Display

served with lemon wedges and cocktail sauce \$4 per person

## Grilled Vegetable Display

served with hummus \$3 per person

## Antipasto Display

includes assorted Italian delicacies including marinated artichokę hearts, mushrooms, assorted olives, pepperoni, roasted red peppers, fresh mozzarella, salami, capicola and provolone served with Sicilian bread \$4.25 per person

## Norwegian Smoked Salmon

served with cream cheese, capers, red onions, chopped eggs and fresh bread \*market price\*

## Artichokę Dip

with tortillas and assorted breads

## Sushi and Sashimi Display

variety of fresh sushi and sashimi served with wasabi, soy sauce, pickled ginger; chopsticks included \*market price per dozen\*

## Fresh Garden Crudités Display

display of fresh seasonal vegetables served with assorted dips \$3.95 per person

## Raw Bar

display of raw oysters, clams, mussels, rock crab claws and king crab legs served with cocktail sauce and fresh lemons \*market price per dozen\*

## Premium Hors d'oeuvres

There is a charge of \$10 per person per an event that only serves hors d'oeuvres. A selection of eight of the finest hors d'oeuvres may be chosen to be served butler style throughout your event. Please note: hors d'oeuvres per buffets and plated dinners are included in the package. Any hors d'oeuvres can be substituted for one that is not included on menu upon request.

#### Hot Hors d'oeuvres

Mini Maryland Crab Cakes with Remoulade Sauce
Chicken Empanada with Spicy Salsa
Stuffed Mushrooms with pork or crab stuffing
Beef Satay with a Chipotle Sauce
Spinach and Feta Cheese Phyllo Triangles
Chicken Satay with a Peanut Dipping Sauce
Swedish Meatballs
Vegetable Spring Rolls with Asian Dipping Sauce
Franks en Croute with Whole Grain Mustard
Mini Chicken Cordon Bleu
Mini Beef Patties

## Cold Hors d'oeuvres

Chilled Shrimp and Cocktail Sauce
Smoked White Fish Salad
Smoked Salmon Mousse
Seared Yellow Fin Tuna
Red Potato with Sour Cream
Tuna and Cucumber Boats
Deviled Eggs
Grilled Brushetta with Tomato, Garlic, Basil and Romano Cheese
Roasted Tenderloin Canapé
Asparagus Tips wrapped in Prosciutto
Smoked Duck Breast on Endive
California Rolls with Asian Dipping Sauce

## Action Stations

#### Slider Station

Beef SlidersTurkey SlidersPulled Pork SlidersCrab SlidersGrilled ChickenChili and Cheese slidersBreaded Cod SlidersPhilly Cheesesteak SlidersVegetarian Sliders

## **Carving Station**

(Select two of the following)

Honey Roasted Ham with a Pineapple Glaze
Roasted Turkey Breast with Cranberry Sauce and Homemade Gravy
Herb Crusted Leg of Lamb served with Mint au Jus
Peppered Tenderloin of Beef with a Red Wine Reduction
Beef Brisket with Beef Gravy

#### Pasta Station

(Select two of the following Pasta's and Sauce's)

Pasta's

PenneMarinaraFusilliA la VodkaTri-colored TortelliniBasil AlfredoRigatoniSun-dried Tomatoes with PestoClam Sauce with Fresh Herbs

Sauce's

#### Sauté Station

(Selection of one)

#### Gulf Shrimp Provencal

sautéed shrimp with white wine, lemon, parsley and tomatoes served with rice

#### China Stir Fry

choice of pork, chicken or vegetables served with fried rice

#### Morrocan Grill

consisting of assorted proteins and vegetables

## <u>Themed Menu Selections</u> – (Choice of 2 Entrees)

#### Chinatown

Shrimp Lo Mein
Beef Broccoli Stir-Fry
Honey Sesame Chicken Wings
Spring Rolls
Fried Rice
Stir-Fried Vegetables
Chopsticks

## Taste of Italy

Chicken Marsala
Chicken Parmesan
Baked Lasagna with Meatballs or Baked Ziti
Sausage and Peppers
Pasta Primavera Salad
Garden Salad with 2 Dressings
Garlic Breadsticks

#### Mexican Fiesta

Beef / Chicken Fajitas
Tortilla Chips with Bean Dip
South American Pasta Salad with Corn, Black Beans and Cilantro
Rice and Red Beans
Taco Shells hard and soft
Lettuce, Diced Tomatoes, Cheddar Cheese, Sour Cream, Salsa, Jalapenos and Guacamole
Enchiladas

#### Hawaiian Luau

Beef or Chicken Kabobs with Teriyaki Sauce
Roasted Pork with Honey Mustard Sauce
Macadamia Nut Rice
Grilled Seasonal Vegetables
Fresh Fruit
Garden Salad
Hawaiian Sweet Rolls

## Southern Hospitality

Fried or Baked Chicken
Barbecue Spare Ribs
Macaroni and Cheese
Potato Salad
Candied Yams
Fresh String Beans
Cornbread
Coleslaw

## Caribbean Flare

Mini Beef Patties
Rice and Peas
Caribbean Jerk Chicken
Curried Pork
Seasonal Steamed Vegetable Medley
Plantains and Johnny Cakes

## New England Clam / Lobster Bake

NY Sirloin

Lobster

Clams

Mussels

Red-bliss Potatoes

Onions

Sweet Potatoes

Corn on the Cob

Sweet Sausage

Chowder (Red or White)

Melted Butter

Choice of Salad

Watermelon

Choice of Beverage

Assorted Cookies and Brownies

## Southern Fish Fry

Fried Whiting or Catfish
Creamy Cheddar Grits or White Rice
Macaroni and Cheese
Texas Chili
Hushpuppies
Corn on the Cob
Cornbread
Homemade Gravy
Choice of Salad
Choice of Beverage
Tartar Sauce
Lemons
Malt Vinegar

## **Backyard Cookouts**

Grilled NY Sirloin
Grilled Swordfish w/ Fruit Salsa
Grilled Sweet Sausage
Burger/Cheeseburgers (Lettuce, Tomatoes)
Hotdogs (Sauerkraut)
Barbecue Baby Back Ribs
Corn on the Cob
Coleslaw
Watermelon
Choice of Salad
Choice of Beverage

# Party Supplies

Lunch Napkins	\$3.00 per 150 count
Dinner Napkins	\$5.00 per 150 count
Paper Table Covers	.15 / feet
6" Plates	\$7.50 per 100 count
9"Plates	\$10.00 per 100 count
Soup Bowl	\$8.00 per 100 count
8 oz. Hot Beverage Cups	\$2.50 per 100 count
9 oz. Hot Beverage Cups	\$12.00 per 100 count
12 oz. Cold Beverage Cups	\$5.00 per 100 count
Plastic Forks	\$2.50 for 100 count
Plastic Spoons	\$2.50 per 100 count
Plastic Knives	\$2.50 per 100 count
Ice Sculpture	\$250.00 Each
Punch Fountain	\$45.00 Each
Chocolate Fountain	\$45.00 Each
Silver Chaffing Dishes	\$45.00 Each
Copper Chaffing Dishes	\$45.00 Each
Stainless Chaffing Dishes	\$18.50 Each

<sup>\*</sup>China and Silverware is not available\*